

# 2025 EVENT SCHEDULE

Schedule of events is tentative and subject to change. Last updated August 14, 2025.



## FRIDAY, SEPTEMBER 19, 2025

| START   | END     | EVENT                                                                                                                                                                                                                                       | LOCATION                   |
|---------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| 2 PM    | 7 PM    | Athlete Check-In & Timing Chip Pick-Up                                                                                                                                                                                                      | Columbia Point Marina Park |
| 2 PM    | 7 PM    | IRONMAN Village <ul style="list-style-type: none"> <li>Information Tent</li> <li>PLAYTRI Triathlon Store &amp; Tech Service Center</li> <li>VIP Spectator Credential Pick-Up</li> <li>IRONKIDS Registration &amp; Packet Pick-Up</li> </ul> | Columbia Point Marina Park |
| 2 PM    | 7 PM    | Official IRONMAN Store                                                                                                                                                                                                                      | Columbia Point Marina Park |
| 2:30 PM | 3 PM    | Race Nutrition and Pacing Strategies with Juliet Hochman                                                                                                                                                                                    | Columbia Point Marina Park |
| 3 PM    |         | Athlete Briefing                                                                                                                                                                                                                            | Columbia Point Marina Park |
| 4 PM    | 4:30 PM | Time-saving tips with Juliet Hochman<br>* Take 5 Minutes Off Your Race Without Working Harder                                                                                                                                               | Columbia Point Marina Park |
| 4:30 PM | 5 PM    | Mastering Open Water Swimming for Beginners and Experts with Juliet Hochman                                                                                                                                                                 | Columbia Point Marina Park |
| 5 PM    |         | Athlete Briefing                                                                                                                                                                                                                            | Columbia Point Marina Park |

## SATURDAY, SEPTEMBER 20, 2025

| START    | END      | EVENT                                                                                                                                                                                   | LOCATION                   |
|----------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|
| 7:30 AM  | 8:30 AM  | IRONKIDS Registration & Packet Pick-Up                                                                                                                                                  | Columbia Point Marina Park |
| 9 AM     |          | IRONKIDS Race Start                                                                                                                                                                     | Columbia Point Marina Park |
| 9 AM     | 4 PM     | Athlete Check-In & Timing Chip Pick-Up<br>(AWA Priority Check-In ends at noon.)                                                                                                         | Columbia Point Marina Park |
| 9 AM     | 4 PM     | IRONMAN Village <ul style="list-style-type: none"> <li>Information Tent</li> <li>PLAYTRI Triathlon Store &amp; Tech Service Center</li> <li>VIP Spectator Credential Pick-Up</li> </ul> | Columbia Point Marina Park |
| 9 AM     | 4 PM     | Official IRONMAN Store                                                                                                                                                                  | Columbia Point Marina Park |
| 10 AM    | 5 PM     | Mandatory Bike Check-In                                                                                                                                                                 | Columbia Point Marina Park |
| 11 AM    |          | Athlete Briefing                                                                                                                                                                        | Columbia Point Marina Park |
| 12 PM    | 12:30 PM | Race Nutrition and Pacing Strategies with Juliet Hochman                                                                                                                                | Columbia Point Marina Park |
| 12:30 PM | 1 PM     | Time-saving tips with Juliet Hochman<br>* Take 5 Minutes Off Your Race Without Working Harder                                                                                           | Columbia Point Marina Park |
| 1 PM     |          | Athlete Briefing                                                                                                                                                                        | Columbia Point Marina Park |
| 2 PM     | 2:30 PM  | Mastering Open Water Swimming for Beginners and Experts with Juliet Hochman                                                                                                             | Columbia Point Marina Park |
| 3 PM     |          | Athlete Briefing                                                                                                                                                                        | Columbia Point Marina Park |

## SUNDAY, SEPTEMBER 21, 2025 - RACE DAY!

| START   | END     | EVENT                                                                                                                                                                                   | LOCATION                       |
|---------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| 4 AM    | 6 PM    | Shuttle Bus Service to/from Columbia Point Marina Park<br><i>NO race day parking at either Columbia Point Marina Park or Howard Amon Park.</i>                                          | 651 Mansfield St, Richland, WA |
| 4 AM    | 6:15 AM | Transition Area Open                                                                                                                                                                    | Columbia Point Marina Park     |
| 6:30 AM |         | Race Start                                                                                                                                                                              | Howard Amon Park               |
| 8 AM    | 4 PM    | IRONMAN Village <ul style="list-style-type: none"> <li>Information Tent</li> </ul>                                                                                                      | Columbia Point Marina Park     |
| 8 AM    | 4 PM    | Official IRONMAN Store                                                                                                                                                                  | Columbia Point Marina Park     |
| 10 AM   | 4 PM    | Athlete Post-Race Food Tent                                                                                                                                                             | Columbia Point Marina Park     |
| 1:15 PM | 4:30 PM | Bike and Gear Check-Out                                                                                                                                                                 | Columbia Point Marina Park     |
| 3 PM    |         | Awards Ceremony & 2026 IRONMAN 70.3 World Championship Slot Allocation/<br>Rolldown Ceremony<br><br><i>Slot Allocation/Rolldown will begin immediately following Awards - Be Early!</i> | Columbia Point Marina Park     |