

First Bike – Last Bike for Cuisine Solutions 2026 Ironman 70.3 Tri-Cities Washington  
September 20, 2026

Zone 1

These are estimations of athlete time based on the 2025 race. Roads listed can be closed up to 30-45 minutes prior to the first athlete arriving. Cones may be placed hours beforehand for race set-up but will have vehicle access until closure.

| BIKE Course Intersection List                     | Mileage | First Athlete | Last Athlete |
|---------------------------------------------------|---------|---------------|--------------|
| Columbia Point Drive                              | 0.0     | 6:50 AM       | 8:20AM       |
| Bradley Blvd.                                     | 0.5     | 6:51 AM       | 8:22 AM      |
| Comstock Street                                   | 1.2     | 6:53 AM       | 8:25 AM      |
| George Washington Way                             | 1.6     | 6:54 AM       | 8:27 AM      |
| Lee Blvd (only closed to turn left onto GWW)      | 1.8     | 6:54 AM       | 8:28 AM      |
| Swift Blvd (only closed to turn left onto GWW)    | 2.2     | 6:55 AM       | 8:30 AM      |
| Snyder Street (only closed to turn left onto GWW) | 4.6     | 7:01 AM       | 8:41 AM      |
| Spengler Street                                   | 4.8     | 7:02 AM       | 8:42 AM      |
| <b>Counterflow</b>                                |         |               |              |
| Spengler Street                                   | 51      | 8:57 AM       | 12:15 PM     |
| George Washington Way / Counterflow               | 51.6    | 8:59 AM       | 12:18 PM     |
| Bradley Blvd.                                     | 54      | 9:05 AM       | 12:29 PM     |
| Columbia Point Drive                              | 55.5    | 9:08 AM       | 12:36 PM     |
| Columbia Point Marina Park                        | 56      | 9:10 AM       | 12:38 PM     |

\*Flaggers at Van Giesen

Stevens Drive and 240

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| BIKE Course Intersection List  | Mileage | First Athlete | Last Athlete |
|--------------------------------|---------|---------------|--------------|
| 240 Bypass / Jadwin Ave        | 6.1     | 7:05 AM       | 8:48 AM      |
| 240 Bypass / Van Giesen Street | 7.5     | 7:08 AM       | 8:54 AM      |
| 240 Bypass / Duportail Street  | 9.3     | 7:13 AM       | 9:02 AM      |
| 240 Bypass / Counterflow       | 49.2    | 8:53 AM       | 12:07 PM     |

## Zone 2

These are estimations of athlete time based on the 2025 race. Roads listed can be closed up to 30-45 minutes prior to the first athlete arriving. Cones may be placed hours beforehand for race set-up but will have vehicle access until closure.

| BIKE Course Intersection List  | Mileage | First Athlete | Last Athlete |
|--------------------------------|---------|---------------|--------------|
| Richland Fire Station #47 Road | 9.9     | 7:14 AM       | 9:05 AM      |
| Queensgate Drive               | 10.1    | 7:15 AM       | 9:06 AM      |
| Kingsgate Drive                | 10.6    | 7:16 AM       | 9:08 AM      |
| Kennedy Road                   | 10.9    | 7:17 AM       | 9:10 AM      |

## Zone 3

These are estimations of athlete time based on the 2025 race. Roads listed can be closed up to 30-45 minutes prior to the first athlete arriving. Cones may be placed hours beforehand for race set-up but will have vehicle access until closure.

| BIKE Course Intersection List     | Mileage | First Athlete | Last Athlete |
|-----------------------------------|---------|---------------|--------------|
| Keene Road                        | 11.3    | 7:18 AM       | 9:12 AM      |
| Queensgate Drive                  | 12.7    | 7:21 AM       | 9:18 AM      |
| *Bermuda Road                     | 14.4    | 7:26 AM       | 9:26 AM      |
| Bike Aid Station #1 N. Bermuda Rd | 14.5    | 7:26 AM       | 9:26 AM      |
| Sagebrush Road                    | 17      | 7:32 AM       | 9:38 AM      |
| Cottonwood Drive                  | 17.9    | 7:34 AM       | 9:42 AM      |
| E Badger Road                     | 19.6    | 7:39 AM       | 9:50 AM      |

\*Flaggers along Bermuda

## Zone 4

These are estimations of athlete time based on the 2025 race. Roads listed can be closed up to 30-45 minutes prior to the first athlete arriving. Cones may be placed hours beforehand for race set-up but will have vehicle access until closure.

| BIKE Course Intersection List                   | Mileage | First Athlete | Last Athlete |
|-------------------------------------------------|---------|---------------|--------------|
| Badger Road / Dallas Road                       | 25      | 7:52 AM       | 10:15 AM     |
| Webber Canyon Road                              | 29.7    | 8:04 AM       | 10:37 AM     |
| Jacobs Road                                     | 31.1    | 8:07 AM       | 10:43 AM     |
| Bike Aid Station #2 Jacobs Rd Shell Gas Station | 31.3    | 8:08 AM       | 10:44 AM     |
| Jacobs Road / Pear Drive                        | 32.3    | 8:10 AM       | 10:49 AM     |
| Dallas Road                                     | 39.2    | 8:28 AM       | 11:20 AM     |
| Keene Road                                      | 42.5    | 8:36 AM       | 11:36 AM     |

## Zone 5

These are estimations of athlete time based on the 2025 race. Roads listed can be closed up to 30-45 minutes prior to the first athlete arriving. Cones may be placed hours beforehand for race set-up but will have vehicle access until closure.

| BIKE Course Intersection List                  | Mileage | First Athlete | Last Athlete |
|------------------------------------------------|---------|---------------|--------------|
| *Belmont Blvd                                  | 44      | 8:40 AM       | 11:43 AM     |
| Paradise Way                                   | 44.9    | 8:42 AM       | 11:47 AM     |
| Bike Aid Station #3 Paradise Enterprise Middle | 45.5    | 8:43 AM       | 11:50 AM     |
| Bombing Range Road                             | 46      | 8:45 AM       | 11:52 AM     |
| Van Giesen Street                              | 46.9    | 8:47 AM       | 11:56 AM     |
| Van Giesen Street / Buckskin Lane              | 48.7    | 8:51 AM       | 12:04 PM     |

\*Flaggers present on Belmont intersections